

# Correllian Herald

Est. 2007

Correllian Herald June 2023

Issued on first Monday of the month



Blessings of Litha to our Northern Hemisphere readers  
Blessings of Yule to our Southern Hemisphere readers

## June Full Moon

By Rev Firefay



Today, most western countries have a solar calendar widely known as the Gregorian calendar with 365 days divided into 12 months of 28 to 31 days each. Many eastern countries still follow a lunar calendar and their new year, as well as many other festivities do not always fall on the same day of the year but around a particular full or new moon of a given month. Cultures that traditionally followed a lunar calendar or even communities such as agricultural communities often named the 13 moons of each year much as we name the 12 months of our year. Month means moon which is the proof that the idea of months came from the moon originally. Before the modern calendars were put into use, most calendars followed 13 months which followed the 28-day cycles of the moon. With 13 months of 28 days, the year was 364 days instead of 365 which means, after several years, the calendar was off track. Today we have longer months and 365 days, so each month has one full moon making 12 full moons per year. However, every two and a half years a blue moon occurs meaning we have 13 moons in one calendar year. Hence the saying, "Once in a blue moon." This series of articles will talk about each moon, its significance, and the origin of its name for each month.

The June Full Moon is called the Strawberry Moon because wild strawberries traditionally ripen around the full moon of June. In 2023, the Strawberry Moon will rise on June 3<sup>rd</sup> reaching its peak around 11:43 eastern time.

Spiritually this full moon represents abundance and being thankful for what you have accomplished and it is also a time to act on new projects.

This is the best time of the year to gather or purchase local strawberries and for good health it is best to respect the seasons when eating fruits and vegetables. Always buy produce that is currently in season for multiple reasons. The cost is lower because the produce does not have to be imported and transported. The produce is fresher because it can be produced and bought locally which means it is only picked when ripe. Imported produce is often picked before fully ripened to prevent spoiling during transport. Therefore the goods are artificially ripened once at destination. Our bodies are energetically connected to the seasons as well as the fruits and vegetables given by mother nature on that particular season. Therefore our bodies only digest and use the produce that is on the same frequency as the current season. That is why our tastes change according to the time of year.

Blessed Be!

# LITHA Blessing

WHITE WITCH PARLOUR .COM

“ SUN GLOWING FIERCE &  
HOT, I AWAKEN MY SPIRIT  
THROUGH ACTION & THOUGHT.  
UNDER THE SOLSTICE SUN,  
I VOW TO BE MORE IN THE  
MOMENT & FULL OF FUN.  
FOR THE JOY OF LIFE, IS TO BE ALIVE,  
THIS IS A SUMMER BLESSING  
FOR WHICH I STRIVE. ”

Yule Blessings



# Blessed Yule

MAY THE SOLSTICE AND TURNING OF  
THE WHEEL BRING YOU LOVE, PEACE AND  
GOOD FORTUNE IN THE COMING YEAR.

SAGEGODDESS.COM

## Festival Recipes

By Rev. Bella

### Recipe for the Northern Hemisphere

Za'atar Potato Salad found at <https://awesomeon20.com>

#### INGREDIENTS

- 1/2 pounds Yukon gold potatoes
- Salt
- 1/2 cup mayonnaise
- 1/4 cup plain Greek Yogurt
- 1 tablespoon lemon juice
- 2 teaspoons za'atar spice
- 1/2 teaspoon ground cumin
- Black pepper
- 1 green onion, chopped



#### INSTRUCTIONS

Put your potatoes in a large pot of salted water and bring to the boil. Lower the heat to a simmer and cook until you can pierce the largest potato with a sharp knife.

Drain the potatoes; then put the colander back over the hot pot. Place a clean kitchen towel over the colander and allow your potatoes to continue to steam for another 15 minutes.

In the meantime, whisk together the mayo, Greek yogurt, lemon juice, za'atar, cumin, and salt and pepper. The mixture will be quite thick.

When the potatoes are cool enough to not burn your fingers off, cut them into bite-sized pieces. The skin of Yukon golds, is quite tender, so if the skin sticks you can leave it on. If it falls off, discard it.

Season with salt and pepper and toss with dressing.

Using scissors, cut your green onions directly into the bowl and give it a final stir.

Allow your salad to hang out in the fridge for a couple of hours before serving.

## Recipe for the Southern Hemisphere

Cheesy Sausage Squares found at <https://awesomeon20.com>

### INGREDIENTS

- 1 can croissants or crescent squares
- 1 pound sausage, casings removed
- 1/2 teaspoon ground cumin
- 1/2 teaspoon crushed red pepper flakes
- 1/4 teaspoon black pepper
- 227 grams cream cheese
- 227 grams shredded cheddar cheese



### INSTRUCTIONS

Preheat your oven to 375F/190C and lightly grease a rectangular casserole or baking dish.

Unroll your croissants and cover the bottom of your pan with the dough. Trim off the excess of the roll and save it for the top.

Cook your sausage over medium heat in a large skillet, breaking it up with your wooden spoon as it cooks. While it's cooking, add the cumin, crushed red pepper flakes, and black pepper, and stir it through evenly.

Once your sausage is cooked through, add the cream cheese to the skillet, and stir as it melts to combine it with the sausage.

Add your sausage cream cheese mixture to your casserole dish and spread evenly. Sprinkle the shredded cheddar evenly over the sausage, then cover the whole thing with another layer of your croissant dough. If you have any excess, trim it off.

Bake the whole thing for 20-25 minutes or until the pastry is browned.

Allow this to cool for at least 15 minutes before cutting into squares.

# Decorating your Altar for June Northern Hemisphere and Southern Hemisphere Festivals

## Litha Altar Decorations

DECORATIONS TO HONOR THE SUMMER SOLSTICE



Floral decorations

Sun water

Crystals

Representation of the sun

Food & drinks

Colored candles

## Yule/ Winter solstice Altar.



Holly, Ivy, Mistletoe,  
Pine, pinecone's

White, green,  
red, gold candles.

Cinnamon, nutmeg,  
frankincense, rosemary,  
sage, apple, orange, anise

Robin, deer, owl,  
Wren, squirrel figures

Bells, elves, lights,  
wreath, yule log



## Goddesses of Litha

### Sulis

The Goddess of the hot springs at Bath, England (the only hot springs in Britain), Sulis's name come from a root meaning "eye" or "gap", referring both to the spring from where half a million gallons of hot water still well up every day, as well as to Her powers as seeress.

Her hot spring has been renowned for its healing powers since ancient times, and when the Romans arrived in Britain they built a bath complex around the spring and named the place Aquae Sulis ("the Waters of Sulis"). Pilgrims came from mainland Europe to bathe in the therapeutic waters, and references to Sulis are known from as far away as Germany.

The Romans equated Sulis with their Minerva, and so She was known to them as Sulis Minerva--which is somewhat unusual, since the Romans generally used the native Celtic deity name after the Roman name. This is taken as an indication of Her importance and fame.

Though famous for healing, Sulis could curse as well as cure, and in Bath many "curse tablets" have been found, asking Her to punish people suspected of wrongdoing.

She is shown here with one of the small offering-pans dedicated to Her by worshippers which were found at the site of Bath; they were usually inscribe "DSM", short for the Latin Dea Sulis Minerva, "to the Goddess Sulis Minerva". Her dress is the same milky greeny-grey as the water of the springs, and Her hair is the bright orange of the deposits left by the mineral-rich waters.

Source: <http://www.thaliatook.com/AMGG/sulis.php>.





## Litha Crafting

### Make a Blessing Besom

Litha is the time of the summer solstice, and it's a season of strong solar energy. A great project to put together is a blessing besom. Sweeping is, after all, one of the best ways of making a space sacred and clean. Make a blessing besom, and you can use it to physically cleanse your home, and then hang it up to keep positive energy flowing around you.

To make a blessing broom, or besom, you'll need the following:

A broom—either make your own, or purchase one at a craft store

Ivy or vines

Flowers and herbs from your garden

Ribbons

Small bells

Wrap the ribbons and ivy around the handle of the broom. Don't wrap them too tight, though, because you'll want to be able to tuck sprigs of herbs and flowers into the ribbons. Once you've added all of these things, tie a few small bells onto the broom, so that it will jingle as you sweep. In many cultures, bells are used as noisemakers to frighten away evil spirits and negative energies.

If you like, you can consecrate your blessing besom as you would any other magical tool. Use it to sweep around your home, starting near a window or a door, and working in a deosil, or clockwise, direction. As you do so, you may wish to chant something like this:

Sweeping, sweeping, 'round the room,  
Blessings from this cleansing broom.  
From floor to ceiling, and all between,  
May this space be fresh and clean.  
Sweeping good energy here to me,  
As I will, so it shall be.

Source: <https://www.learnreligions.com/summer-solstice-craft-projects-4136751>

## Honouring the Solstices

### WAYS TO HONOR THE Summer Solstice



Do something that brings you joy



Make sun water



Light a yellow or a gold candle



Make sunflower decorations



Burn herbs or incense



Sunbathe

### WAYS TO HONOR THE Winter Solstice



Decorate your altar



Make winter incense



Drink hot chocolate



Take a walk in the woods



Make a Yule wish pine cone



Relax by the fireplace

WWW.LOVEBYLUNA.CO | @LOVEBYLUNA

## Litha Tarot Spread

1. WHAT SHOULD I RELEASE WITH THIS SEASON?

2. HOW CAN I RELEASE MY FEARS AS I ENTER THE SEASON?

3. WHAT NEW BEGINNING CAN I LOOK FORWARD TOO?



4. HOW CAN I CELEBRATE THIS SEASON?

# Litha

Spread  
@moonmamaoracle



5. WHAT NEW OPPORTUNITIES ARE WAITING THIS SUMMER?



6. A MESSAGE FROM MY GUIDES AND MOTHER EARTH.

## Yule Tarot Spread

1. WHAT DOES MY ENERGY LOOK LIKE AS WE END THE YEAR?

2. WHAT'S SOMETHING POSITIVE TO REFLECT ON FROM THIS PAST YEAR?

3. WHAT SHOULD I BE GRATEFUL FOR FROM THIS YEAR?



# The Yule Spread

moonmamaoracle



4. WHAT GOAL SHOULD I START WORKING TOWARDS IN THE NEW YEAR?

5. WHAT CAN I LOOK FORWARD TO IN THE NEW YEAR?

6. WORDS FROM MY GUIDES FOR THE HOLIDAYS.

# Litha SOLAR SPELL

WHITE WITCH PARLOUR .COM

ON THE FIRST DAY OF SUMMER, SET UP AN ALTAR FILLED WITH YELLOWS, GOLDS & REPRESENTATIONS OF THE SUN. SET INTENTIONS JOYFULLY & DAYDREAM OF YOUR 'IDEAL SUMMER.' WHILE DOING SO, CREATE A MANTRA FROM THE IDEA OF WHAT YOU WANT. HOLD THAT INTENTION & BURN SOME FRANKINCENSE RESIN, HOLD A SUNSTONE & LIGHT A YELLOW CANDLE, WHILE REPEATING YOUR MANTRA. ONCE YOUR CANDLE IS LIT, MEDITATE UNDER THE SUNLIGHT, PREFERABLY LAYING DOWN ON A BLANKET UNDER THE SUN, BEING FULLY OPEN TO RECEIVE THIS REALITY YOU CALL INTO YOUR SUMMER. GIVE THANKS TO THE SUN'S LIGHT, FOR ENERGIZING YOUR SPIRIT & BODY FOR THE SEASON.



SOUTHERN HEMISPHERE

# Yule Log



ONE OF THE MOST TRADITIONAL YULE RITUALS

WiccanTips

WiccanTips



Decorate the log and use it as the center piece of the dinning table. Then burn it in Yule's bonfire using the remains of last year's log to light it

## Chartered Bodies of the Correllian Tradition

**Witan Shrines** are the first level of the Temple-Making Process. Witan Shrines are created by Charter of the Tradition and may progress to Full Temple status over the course of several years or remain at Witan Shrine status indefinitely.

A list of current Witan Shrines may be found HERE: <http://correllian.weebly.com/witan-shrines.html>

**Proto-Temples** are groups which have progressed beyond the status of Shrines and are on their way to becoming Full Temples but have not yet achieved that status.

A list of current Proto-Temples may be found HERE: <http://correllian.weebly.com/proto-temples.html>

**Full Temples** of the Correllian Tradition have completed the Temple-Making Process and, if headed by a Third Degree, have representation on the Witan Council. A Full Temple can perform all of the functions of a Temple and may in some cases have multiple branches.

A list of current Temples may be found HERE: <http://correllian.weebly.com/temples.html>

**Formal Shrines** are Shrines that are dedicated to specific activities of a limited nature. Formal Shrines may exist as an aspect of a larger group or may stand alone in their own right.

A list of current Formal Shrines may be found HERE: <http://correllian.weebly.com/formal-shrines.html>

**Personal Shrines** are an aspect of an individual Correllian member's personal piety and are not bodies of the Tradition as such. Personal Shrines exist wholly at the discretion of the member, however the Tradition does acknowledge them upon request.

A list of current Personal Shrines may be found HERE: <http://correllian.weebly.com/personal-shrines.html>

**Orders** are associations within the Tradition dedicated to specific skills, tasks, or interests. This sort of Order is not to be confused with the Meritorious Orders which are awarded in recognition of service.

A list of current Orders may be found HERE: <http://correllian.weebly.com/orders.html>

**Houses of Contemplation** are established to facilitate the temporary or permanent practice of the contemplative religious life. Depending upon the rules of the specific House of Contemplation guests may come for spiritual retreats of designated length, or to pursue a life of permanent contemplation in the manner of a Monastery.

A list of current Houses of Contemplation may be found HERE: <http://correllian.weebly.com/houses-of-contemplation.html>

For information on how to start a Shrine, Order or Correllian Study Group or for an application form contact the Witan Herald: [witanherald@gmail.com](mailto:witanherald@gmail.com)

## Membership Groups

### **Outer Court Department**

<https://www.facebook.com/groups/265398186909862>

This is a social group for all the members of the Outer Court of the Correllian Tradition. Feel free to share, discuss, and enjoy with all our wonderful Correllian family around the Globe!

### **Correllian Membership Hub**

<https://www.facebook.com/groups/CorrellianMembershipGroups>

Correllian membership group for all Correllian members

### **Correllian Clergy**

<https://www.facebook.com/groups/CorrellianClergy>

Group for all members of Correllian Clergy

### **Witan Herald's Office**

<https://www.facebook.com/groups/WitanHeraldOffice>

This is where general membership and clergy may directly contact the Witan Herald

### **Correllian Herald - Newsletter**

[www.facebook.com/groups/correllianherald/](http://www.facebook.com/groups/correllianherald/)

Correllian Herald Publication Group. This group is for the distribution of the Correllian Herald Newsletter.

### **Correllian Prayers**

<https://www.facebook.com/groups/2112247592362824>

To provide a supportive venue where all Correllians, friends and family may post prayer requests.

### **Correllian Elder's Office**

<https://www.facebook.com/groups/133563646851853>

This Facebook group is for ALL TRADITION members to enter and submit a comment.

### **The Correllian Temples, Shines, Groups and Project Keepers**

<https://www.facebook.com/groups/1508370089410767>

The Correllian Temples, Shines, Groups and Project Keepers is a place for all Third Degrees, Second Degrees, First Degrees, Temple Heads, Shrine Heads, Group Heads, and Project Keepers. Purpose: is so that all groups can share open communication with each other. Giving each other support and encouragement. As well as hopefully, work on collective projects from time to time.





## The Temple of Contemplation Formal Shrine

The Temple of Contemplation is now offering a monthly “contemplation” for anyone and everyone who wishes to partake. At this time of the year, we tend to be thinking about the up and coming as well as long anticipated Summer months, but it is easy to forget that not everyone is celebrating Beltane. We at the Temple of Contemplation have been thinking about what people in both hemispheres will be thinking about at this time of the year. From the excitement of summer plans to looking back over the passing of the current wheel of the year are we all either looking forwards or looking back? As continuing year carries on for some of us and the new wheel beginning again for others, what is it that we are asking of ourselves? Or are we asking them of others? Are there other issues or topics that you personally think about or resolve at this changing time of the year?

If you wish to share your thoughts and contemplations with us and have them published in the next edition of the Correllian Herald, then please feel free to email them to – [heraldeditor@gmail.com](mailto:heraldeditor@gmail.com) - we would love to hear from you!

This might be the time of the calendrical new year that you are looking for something new or different to discover so why not become an official member of the Temple of Contemplation? To find out more information or to request to join the Temple of Contemplation please email [admin@correlliantradition.co.uk](mailto:admin@correlliantradition.co.uk)

Also, the Temple of Contemplation holds a monthly online Peace Ritual, as part of the Correllian Global Rolling Peace Prayer, on the second Wednesday of every month. All are welcome to attend to help us send out peace across the globe. The importance of our peace prayer has grown of late, and we continue to send out peace through the Correllian Global Rolling Peace Prayer as well as our monthly online Peace Prayer Ritual. All are welcome to attend and join in our quest for Peace. For more information please go here - [Peace Page \(correlliantradition.co.uk\)](http://Peace Page (correlliantradition.co.uk))

For more information about online rituals go to - [Temples Ritual \(correlliantradition.co.uk\)](http://Temples Ritual (correlliantradition.co.uk))

New Year blessings to you all and happy contemplating!



## School of Reiki

The School of Reiki now has available places for new students to train in the art of Reiki **FREE OF CHARGE** at the online School - [School of Reiki Class Site](#) – you can sign up and start your training today and become a reiki Master! For more information visit the school website - [School of Reiki](#) – or email [admin@schoolofreiki.org](mailto:admin@schoolofreiki.org)

Once again, we give a huge welcome to all of our numerous new students from all of us at the School of Reiki. We hope you are settling in well and enjoying your studies and the new journey you are undertaking. Many of our completed students are now taking advantage of the amazing benefits of registering with the IPHM! We are an IPHM registered trainer and therefore our Students gain certain benefits from being able to register with them once they have completed their studies. To find out more please do contact us.

It has been a busy time for the School of Reiki as we now have more students than ever before! But there is plenty of room for more budding reiki practitioners to join us – registration is FREE and open to all.

We now also have more students registered with the IPHM than ever before and therefore more approved therapists and practitioners helping and supporting the Order of Reiki and the Distance Healing Network. So is now the right time for you to embark on a reiki journey and start training with the School of Reiki? Or maybe you wish to return to your reiki studies and go on to join the Order of Reiki. Or even become an approved therapist with the IPHM!

Blessings

The School of Reiki

Also just a quick reminder that the Order of Reiki holds an online Reiki Healing Session on the third Wednesday of every month [Reiki Rituals \(orderofreiki.org\)](#) and that all students (and our Reiki Teachers!) of the School of Reiki are welcome to attend, as well as members and non-members of the Correllian Order of Reiki. You do not need to be Reiki trained in order to participate. Feel free to come along and pop in and watch.

*The School of Reiki is registered as an IPHM Approved Training Provider*



INTERNATIONAL  
PRACTITIONERS OF  
HOLISTIC MEDICINE

**Accredited Training  
Provider**



## The Healing Temple Distance Healing Network

Due to the demise and closure of the beloved Yahoo Groups, The Healing Temple Distance Healing Network is now having to start again from scratch. We have a brand new shiny io Group and we are currently seeking old members as well as new and additional healers to either join, or re-join, the Distance Healing Network to send out greatly required healing to those out there so desperately in need of healing energies.

You are more than welcome to participate in the weekly rituals if you so wish to. We receive many requests for healing on a weekly basis and would love more participation in sending that much needed healing out; even if it is just by joining our Distance Healing Network and sending out healing when you can. We hold a weekly online Healing Ritual EVERY Friday in the Temples Ritual Room - <http://www.chatzy.com/Temples-Ritual-Room> at 9pm GMT/BST UK Time - all are welcome to attend.

We are also continuing to dedicate our Healing Ritual to Lord Don as well as those who continue to suffer with covid-19 and other lasting affects from the pandemic. Please do come along and help all those in need.

The Healing Temple is currently looking for even more members, healers, distance healers or anyone who would like to help with our weekly healing rituals or our distance healing network – please do contact us if you are interested in participating or helping out. There continues to be a lot of people out there who need as much healing as possible and demand continues to be higher than ever before so please do join the Distance Healing Network or the Healing Temple and come along to the Healing Rituals and help us provide much needed healing.

To join our Distance Healing Network please go to - [distancehealingnetwork@groups.io](mailto:distancehealingnetwork@groups.io) | Home – and request to join or email Lady Anna: [anna@thehealingtemple.org](mailto:anna@thehealingtemple.org)

To make requests for healing please go to - [Healing Request Form \(thehealingtemple.org\)](#)

To join and become a full member of the Healing Temple please go here - [Temple Membership \(thehealingtemple.org\)](#)

# *Order of Bards*

## **CALLING ALL BARDS!**

The Order of Bards is looking for writers to feature their works in future editions of the Correllian Herald. So, if any members of the Order of Bards, or any budding writers in general would like to have their work, short stories, poems etc featured then please send your writings to – [bards@correlliantradition.co.uk](mailto:bards@correlliantradition.co.uk)

**PLEASE NOTE:** All writings MUST be original, and you MUST be the author of any works submitted. We cannot publish any plagiarised or copyrighted works.

We have had a few people ask about book reviews and we hear at the Order of Bards think that is a great idea! So if anyone would like to submit a book review then please feel free to email in. And anyone who would like their own works published here then please do let us know.

Keep on writing and sending your written works in to [bards@correlliantradition.co.uk](mailto:bards@correlliantradition.co.uk)

## Herald Adverts & Articles

Disclaimer: Any views expressed within any articles in this publication are not necessarily the views of the Correllian Tradition the Correllian Herald Publication or the Correllian Herald Editor and staff. Any groups advertised within the Herald, which are not part of or affiliated to the Tradition, are not endorsed by the Tradition.

Herald Writers for June:

Rev. Firefay - France  
Rev. Bella – Denmark  
Editor Lady Anna – UK

Next edition: **Monday 3 July 2023**

Send your adverts, articles and inclusions to: [heraldeditor@gmail.com](mailto:heraldeditor@gmail.com)

If you would like to write articles or be an online reporter for the Herald, please contact the Herald editor:  
[heraldeditor@gmail.com](mailto:heraldeditor@gmail.com)

The Correllian Herald is a monthly publication issued on the first Monday of the month

© Correllian Herald Publications Established 2007